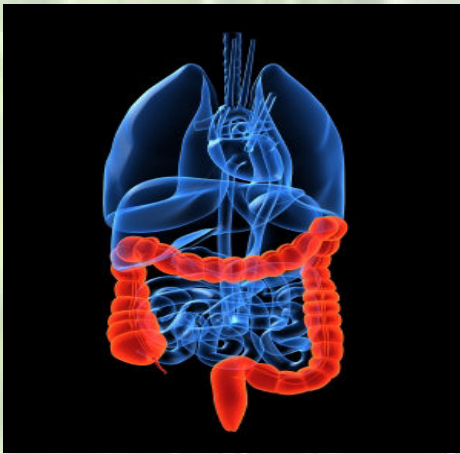




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Kheesxawj ntawm Txoj Hnyuv Laus thiab Hnyuv Nplos Qho Quav



Kheesxawj Hnyuv yog dab tsi?

Kheesxawj Hnyuv yog ib yam mob uas ua mob rau txoj hnyuv laus los sis txoj hnyuv nplos qho quav yam tswj tsis tau thiab hlav ua qog.

Leej twg thiaj li muaj feem mob kheesxawj hnyuv?

Tsis tau muaj leej twg paub tseeb txog cov kev pib mob ntawm kheesxawj hnyuv. Tiamsis raws li kev tshawb fawb muaj qee yam uas ua tau ib tus neeg mob kheesxawj hnyuv tau: noob nyoog laus, muaj qog nqaij nyob hauv txoj hnyuv laus los sis hnyuv nplog qho quav, koj li keeb kwm, los sis tsev neeg muaj keeb kwm tau mob kheesxawj hnyuv laus thiab hnyuv nplos qho quav, tsis muaj kev dhia ua si thiab tsis muaj zaub mov zoo noj, thiab mob plab kiav txhiab (ulcerative colitis) los yog mob hnyuv kub kub (Crohn's colitis)

Kev kuaj yog kuaj li cas, thiab vim li cas thiaj li tseem ceeb?

Yam kev kuaj no yog txhais tau tias mus kuaj ua ntej thaum tsis tau muaj mob. Qhov kev kuaj no yog xub pab nrhiav kom tau cov hlwv noob nqaij ua ntej thaum tsis tau ua kheesxawj thiab yog nrhiav tau ntxov thiaj kho tau zoo dua, ua ntej tseem tsis tau kis mus rau lwm qhov chaw. Yog hais tias, thaum kuaj muaj tej yam txawv txav no, thiaj li paub ua lwm yam kev sojntsuam ntxiv, thiab yuav npaj kev kho sai. Tsis tag li xwb, yog nrhiav tau qog hnyuv, yuav muab cov qog no hlais tawm ua ntej nws hlav mus ua kheesxawj. Feem ntau kheesxawj hnyuv yog ib yam uas kho tau yooj yim yog tias nrhiav tau thaum ntxov.

Yuav siv yam kev sojntsuam twg los kuaj seb tib neeg puas muaj kheesxawj hnyuv?

Muaj ntaus yam kev kuaj kheesxawj hnyuv. Ib cov kev kuaj yog: kuaj quav (FOBT), xuas teeb tsom txoj hnyuv nplog qho quav thiab ib ntus ntawm txoj hnyuv laus (sigmoidoscopy), los yog xuas teeb tsom tag nrho txoj hnyuv laus thiab hnyuv nplog qho quav (Colonoscopy). Tseem muaj lwm yam kev kuaj thiab. Nug koj tus kws kho mob seb yam kev kuaj mob twg thiaj li yuav zoo rau koj.

Yuav ua li cas yog tias qhov kev kuaj kheesxawj hnyuv no qhia tias muaj tej yam txawv txav?

Yog qhov kev kuaj no kuaj tau tej yam txawv txav, kws kho mob yuav kuaj tus neeg lub cev thiab nrog nws tham txog nws thiab nws tsev neeg tej keeb kwm. Tej zaum kuj yuav tau siv lwm yam kev kuaj xws li thajj fais fab ntawm txoj hnyuv, (sigmoidoscopy) feem ntau, yuav tau kuaj txoj hnyuv quav tag nrho (colonoscopy).

Kheesxawj hnyuv yog ib tus mob txo tau neeg txoj sia. Yog nrhaiv tau tus mob thaum ntxov, tsis muaj kev nyuaj siab thiab noj zaub mov zoo rau lub cev yuav pab tiv thaiv kom txhob mob kheesxawj hnyuv.

Yog xav paub ntxiv hu rau Hmong Women's
Heritage Association 916-394-1405.